

2. Disaster Preparedness

(1) Mental Preparedness for Disasters

Crisis Management Division TEL : 0985-21-1730

mail : 03kiki@city.miyazaki.miyazaki.jp

① Earthquakes

Miyazaki City is prone to earthquakes (a phenomenon where the ground shakes). Be prepared by maintaining an awareness of them and adopting the correct mindset.

Actions to Take During an Earthquake

- | | |
|--|--|
| <input type="checkbox"/> Stay calm and protect yourself first | <input type="checkbox"/> Avoid dangerous places like masonry block walls, cliffs, and rivers |
| <input type="checkbox"/> Extinguish open flames/fires as soon as the shaking stops | <input type="checkbox"/> Check the TV or radio for accurate information |
| <input type="checkbox"/> Open doors and windows to secure an escape route | <input type="checkbox"/> Turn off the gas and switch off electrical breakers |
| <input type="checkbox"/> If a fire breaks out, put it out | <input type="checkbox"/> Collaborate with others to extinguish fires and rescue people |
| <input type="checkbox"/> Put on shoes and escape on foot | <input type="checkbox"/> If you are in an elevator, get off when it stops |

② Tsunamis

Large earthquakes at sea can potentially cause tsunamis.

Tsunamis are extremely powerful and can be more than 10 meters high. They approach rapidly; it's too late to escape once you see them. Immediately evacuate to a safe place if an earthquake or a tsunami warning or advisory is issued.

Actions to Take During a Tsunami

- Evacuate immediately** after the earthquake stops.
Even a small earthquake may trigger a tsunami.
Don't wait for further information; evacuate right away.
- Escape to the **highest point** possible.
Immediately evacuate to elevated areas or tall, sturdy buildings.
- As a rule, **evacuate on foot**.
Using a car may mean you get stuck in traffic.
- Don't return** to the sea even if the water recedes.
Tsunamis can recur. Don't return home until the tsunami advisory is lifted.

③Typhoons

Miyazaki City has typhoon-related disasters almost every year.

Accidents can happen when objects are blown around or knocked over by the wind.

Take precautions before a typhoon arrives.

Before a Typhoon Arrives

- Check your antenna to ensure it is securely fixed in place
- Check for any loose or cracked roof tiles
- Check for any cracks or broken areas in block masonry walls
- Check that gutters are free of debris and sediment
- Check for any cracks in exterior walls
- Check for any cracks or loose window glass
- Check for anything that can be blown away on your balcony or yard

When a Typhoon Approaches

- Clear any objects around the house that might get blown away before the wind gets strong.
- Close your storm shutters.
- Fill your bathtub or water tanks in case of water outage.
- Move household items to higher ground if there's a risk of flooding.
- Avoid going outdoors unnecessarily. Stay away from rivers and overflowing gutters in particular.

(2) Gathering Disaster Information

Crisis Management Division TEL : 0985-21-1730 mail : 03kiki@city.miyazaki.miyazaki.jp

International Policy Division TEL : (0985)42-9234 mail : 01kikaku-in@city.miyazaki.miyazaki.jp

①Miyazaki City Disaster E-mail

Provides prompt information regarding disasters occurring in Miyazaki City.








Registration is required.

[Available Languages]

English, Chinese (Simplified & Traditional), Korean, Vietnamese, Nepali, Easy Japanese

[How to Register]

- (1) Send a blank email to the email address for each language.
- (2) Access the URL in the reply email.
- (3) Confirm the details and press the register button.

(English) Mail : en-bousai.miyazaki-city@raidens2.ktaiwork.jp		(Chinese (Simplified)) Mail : cn-bousai.miyazaki-city@raidens2.ktaiwork.jp	
(Chinese (Traditional)) Mail : ch-bousai.miyazaki-city@raidens2.ktaiwork.jp		(Korean) Mail : ko-bousai.miyazaki-city@raidens2.ktaiwork.jp	
(Vietnamese) Mail : vi-bousai.miyazaki-city@raidens2.ktaiwork.jp		(Nepali) Mail : ne-bousai.miyazaki-city@raidens2.ktaiwork.jp	
(Easy Japanese) Mail : zj-bousai.miyazaki-city@raidens2.ktaiwork.jp			

②Miyazaki City Multilingual Disaster Call Center

Provides information about disasters and evacuation through an interpreter.
Please call if you're unsure or anxious.

Opening information will be posted on the Miyazaki City Homepage for Foreigners and the [Miyazaki City International Association's Facebook page](#).

[Phone Number]

0 8 0 0 – 2 2 2 – 5 1 0 3 (toll-free)

[Available Languages]

21 languages (including English, Chinese, and Korean)

③Miyazaki City Foreign Language Website

Provides information about disasters and whether shelters are operating.

Also provides information about whether the Multilingual Disaster Call Center is operating.

(English) https://www.city.miyazaki.miyazaki.jp/en/		(Chinese) https://www.city.miyazaki.miyazaki.jp/cn/	
(Korean) https://www.city.miyazaki.miyazaki.jp/kr/		(Vietnamese) https://www.city.miyazaki.miyazaki.jp/vn/	

Easy Japanese

<https://www.city.miyazaki.miyazaki.jp/easy/>



④ Other Useful Pages & Apps

Find the one that is easiest for you to use.			
 <p>Japan Meteorological Agency Website (14 languages) Provides weather and disaster information across Japan. https://www.jma.go.jp/jma/kokusai/multi.html</p>		 <p>NHK World (21 languages) Provides disaster information across Japan https://www3.nhk.or.jp/nhkworld/en/multilingual_links/index.html</p>	
 <p>「safety tips」 (12 languages) Provides disaster information for foreign tourists.</p>		iPhone 	android 
 <p>Yurekuru Call (Japanese and English) Warns that an earthquake is imminent</p>		iPhone 	android 
 <p>「Hazardon」 (14 languages) Provides smartphone-based evacuation information</p>		iPhone 	android 
 <p>NERV Disaster Prevention (Japanese and English) Provides disaster information across Japan</p>		iPhone 	android 

(3) Evacuating from Disasters

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① Alert Level

Know what actions to take at each alert level and evacuate as soon as possible.

By Alert Level 4, everyone in the danger zone must evacuate!

Leaflet on alert levels (prepared by the Cabinet Office and Fire and Disaster Management Agency in 14 languages)



https://www.bousai.go.jp/oukyu/hinanjouhou/r3_hinanjouhou_guideline/pdf/poster_multi.pdf

② About Shelters

Shelters are places where people can stay until the danger of disaster has passed or where people in danger can live temporarily. Decide in advance about where is best to evacuate. Anyone living in Miyazaki City can use these shelters.

During a disaster, you can check the operating status and level of occupancy of Miyazaki City's shelters by accessing VACAN's website.







[How to Use VACAN (Miyazaki City Website)]



<p>(English)</p>  <p>https://www.city.miyazaki.miyazaki.jp/en/disaster_prevention/284255.html</p>	<p>(Chinese)</p>  <p>https://www.city.miyazaki.miyazaki.jp/cn/disaster_prevention/284265.html</p>
<p>(Korean)</p>  <p>https://www.city.miyazaki.miyazaki.jp/kr/disaster_prevention/284274.html</p>	<p>(Vietnamese)</p>  <p>https://www.city.miyazaki.miyazaki.jp/vn/disaster_prevention/284255.html</p>
<p>Easy Japanese</p> <p>https://www.city.miyazaki.miyazaki.jp/easy/disaster_prevention/284255.html</p> 	

③ Preparing Necessary Items for Disasters

○ Stockpiling Supplies













In the event of a large-scale disaster, lifelines such as water and electricity, as well as goods distribution, may be cut off, making it extremely difficult to procure daily commodities. Store at least enough water and food for three days, ideally for a week.

Examples of Items to Stockpile		
<p>Drinking water</p> 	<p>Emergency food (ready-to-eat rice, canned goods, instant food, cup noodles, etc.)</p> 	<p>Portable toilet</p> 
<p>Gas cylinder stove (with spare cylinders)</p> 	<p>Toilet paper / tissues</p> 	<p>Disposable tableware (plates, cups, chopsticks)</p> 

Plastic wrap / aluminum foil 	Blankets / towel blankets 	
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○Items for Evacuation

These are items to take with you when there's imminent danger from a disaster. Always keep them packed in a bag and store them where they can be quickly grabbed. Having additional supplies in your car can offer extra peace of mind.

Examples of Evacuation Items		
Drinking water (at least three 500ml bottles) 	Ready-to-eat food 	First aid supplies (band-aids, regular medicine, etc.) 
Valuables (cash, copy of health insurance card, etc.) 	Large handkerchief (for use as a mask, for stopping blood, etc.) 	Infection prevention supplies (masks, disinfectant, thermometer, etc.) 
Portable toilet 	Wet wipes 	Plastic bags (can be used as buckets, rain gear, etc.) 
Flashlight 	Phone charger / batteries 	Portable radio 

○Items for Your Household

Consider what you or your family may need.

Infants	Formula (powder/liquid), baby bottles, diapers, toys, etc.
Elderly or disabled	Care supplies, adult diapers, dentures, canes, disability certificate, etc.
Women and pregnant women	Menstrual items, maternal and child health handbook, etc.
Others	Prescription medication, medication record book, eyeglasses, pet food, etc.